

## The case against MIC

## Better decisions with pharmacometrics and systems approaches

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## Approaches for PKPD assessment



"A PKPD model describes the **time course** of the effect in response to administration of a drug dose"

### Pharmacometrics and systems approaches

- Characterize
  - the time course of Pharmacokinetics
  - the time course of Pharmacodynamics
- Use the models to perform predictions and to support decisions
  - bacterial killing and selection of resistance to support dosing decisions
- Make use of all available data and accumulate knowledge



## **Minimum Inhibitory Concentration (MIC)**

- Start incolua (5x10<sup>5</sup> CFU/mI)
- Static antibiotic concentrations
- Incubate 37°C, 16-20 hrs
- MIC defined as the lowest static drug concentration that inhibits visible growth





Translation to dosing decisions unclear!







## Pharmacometric approach vs MIC

Time-kill experiments



Observed and model predicted bacterial count (CFU/ml)



Time (h)





## Pharmacometric approach vs MIC

Pharmacometric approach



:

Bacterial specific params  $k_{growth}, k_{death}, B_{max}$ 

Drug specific params  $E_{max}$ ,  $EC_{50}$ ,  $\gamma$ 







## Pharmacometric approach vs MIC

Static drug concentration











Pharmacometric approach



Observed and model predicted bacterial count (CFU/ml)

- Patient PK and PKPD model
- Simulate dose fractionation study
- Predicted bacterial count at 24h





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## Pharmacometric approach vs PK/PD index

#### Simulated dose fractionation study

Antibiotic	Class	PK/PD index
Benzylpenicillin	β-lactam	T <sub>&gt;MIC</sub>
Cefuroxime	β-lactam	T <sub>&gt;MIC</sub>
Erythromycin	Macrolide	AUC/MIC (T <sub>&gt;MIC</sub> )
Moxifloxacin	Fluoroquinolone	AUC/MIC
Vancomycin	Glycopepide	AUC/MIC



#### PKPD models – predictive of PK/PD indices Is the PK/PD index sensitive to the PK profile?



Nielsen El, et al. Antimicrob Agents Chemother. 2011 Oct;55(10):4619-30.



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## Pharmacometric approach vs PK/PD index

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Cefuroxime	β-lactam	T <sub>&gt;MIC</sub>
Erythromycin	Macrolide	AUC/MIC (T <sub>&gt;MIC</sub> )
Moxifloxacin	Fluoroquinolone	AUC/MIC
Vancomycin	Glycopepide	AUC/MIC (or T <sub>&gt;MIC</sub> )







<u>Benzylpenicillin</u> PK Adults – T>MIC PK Newborn – AUC/MIC

## The selection & target PK/PD index might change due to PK differences

Nielsen EI, et al. Antimicrob Agents Chemother. 2011 Oct;55(10):4619-30.



ANTIMICROBIAL AGENTS AND CHEMOTHERAPY, Dec. 2010, p. 5298–5302 0066-4804/10/\$12.00 doi:10.1128/AAC.00267-10 Copyright © 2010, American Society for Microbiology. All Rights Reserved. Vol. 54, No. 12

In Vivo Pharmacodynamic Activity of Tomopenem (formerly CS-023) against Pseudomonas aeruginosa and Methicillin-Resistant







#### Meropenem



Typical: Adult, CrCL=100 ml/min 2-comp PK,  $t_{1/2,\beta} \sim 1.4 h$ (Li *et al*, J Clin Pharmacol 2006)

Augmented CL: Adult, CrCL=250 ml/min 2-comp PK,  $t_{1/2,\beta} \sim 0.9 h$ (Li *et al*, J Clin Pharmacol 2006)

#### **Renal dysfunction:**

Adult, CrCL=15 ml/min 2-comp PK,  $t_{1/2,\beta} \sim$  **3.5 h** (Li *et al*, J Clin Pharmacol 2006)

#### Preterm neonate:

GA 31w 2-comp PK,  $t_{1/2,\beta} \sim$  **2.0 h** (van den Anker *et al*, AAC 2009)



fT>MICfC\_max/MICfAUC/MICKristoffersson AN, et al. Pharm Res. 2016 May;33(5):1115-25.



- Pharmacometric models are predictive of PK/PD indices
  - when replicating the same PK profile
- The selection & target PK/PD index might not be consistent across PK profiles
  - indicates that the indices might not translate well between populations
- Advantage of a pharmacometric approach
  - PK model is kept as an independent part in the overall model
  - No need to select (one or more) PK/PD indices





# Benefits of pharmacometrics and systems approaches

- Characterize the full time-course of the Pharmacodynamics
  - Efficacy assessments at different time points (not only 24h)
  - Efficacy for susceptible bacteria
  - Efficacy for less-susceptible bacteria (heteroresistance)
  - Changes in susceptibility (adaptive resistance)
  - Effect of drug combinations (additive, synergy or antagonism)
- Make use of all available data and accumulate knowledge
  - of special importance for efficacy assessments for antimicrobials, where clinical data is generally poor in information content (cure/no cure)







# Benefits of pharmacometrics and systems approaches

- <u>Clinical gentamicin PK study</u>
  894 samples, 61 neonates
  Population PK model
- <u>In vitro PD data</u>
  - Static time-kill exp.
  - Dynamic time-kill exp.
  - Single and repeated dosing







Nielsen EI, et al. Clin Pharmacokinet. 2009;48(4):253-63 Mohamed AF, et al. Antimicrob Agents Chemother. 2012 Jan;56(1):179-88





# Benefits of pharmacometrics and systems approaches





Sadiq MW, et al. J Pharmacokinet Pharmacodyn. 2017 Apr;44(2):69-79.





## Acknowledgements

Pharmacometrics group, Uppsala University, Sweden Roche Pharma Research and Early Development, Innovation Center Basel Stiftelsen för Strategisk Forskning (SFF)

#### Thanks to:

- Lena Friberg
- Mats Karlsson
- Otto Cars
- Dan Andersson
- Diarmaid Hughes
- Ami Mohamed
- Anders Kristoffersson
- David Khan
- Waqas Sadiq

